



WEEK 3

LUNCH MENU

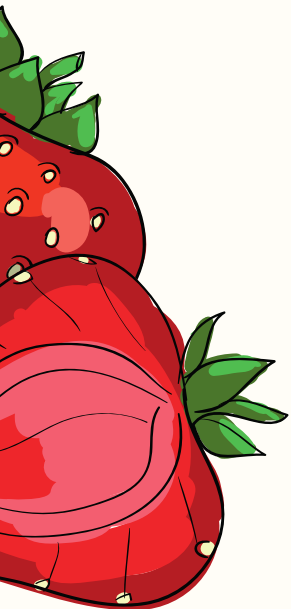


MONDAY

Meat Option:	Macaroni Cheese with a choice of toppings
Vegetarian Option:	Jacket potato with beans or tuna
Side:	Peas & sweetcorn
Dessert:	Oat cookie

TUESDAY

Meat Option:	Chicken Taco
Vegetarian Option:	Veggie Taco
Side:	Side salad & rice
Dessert:	Ice cream & peaches



WEDNESDAY

Meat Option:	Sausage roast
Vegetarian Option:	Veggie sausage roast
Side:	Roast potatoes, seasonal veg & gravy
Dessert:	Fruit trifle

THURSDAY

Meat Option:	Beef lasagna
Vegetarian Option:	Vegetable lasagna
Side:	Side salad & coleslaw
Dessert:	Apple & mixed berry crumble and custard

FRIDAY

Meat Option:	Fish fingers/salmon fish fingers
Vegetarian Option:	Vegan plant based no fish fingers
Side:	Chips, baked beans & peas
Dessert:	Vanilla shortbread



Fruit & yoghurt available daily
FREE FROM OPTIONS ARE AVAILABLE