

St Eanswythe's C of E Primary School



Reception PSHE

Medium Term Plan/Topic Breakdowns

This is a breakdown of suggested teaching points within our main curriculum umbrella.

(Highlighted points must be taught in order to hit statutory requirements)

As long as you are using the main term's theme, you may pick and choose what you would like to teach within it. This can be done through circle times, drama, class discussion or written work.

<u>Term One: <i>Being Me</i></u>	<u>Term Two: <i>Relationships and Family</i></u>	<u>Term Three: <i>Celebrating Differences</i></u>	<u>Term Four: <i>Healthy Me</i></u>	<u>Term Five: <i>Citizenship and Economic well-being</i></u>	<u>Term Six: <i>Changing Me</i></u>
<p><u>All About Me:</u></p> <ul style="list-style-type: none"> To be able to talk about my likes and dislikes To begin to develop my independence To recognise similarities and difference 	<p><u>My family:</u></p> <ul style="list-style-type: none"> Who is in my family Family trees (immediate family) Families in Literature <p><u>Different Families:</u></p>	<p><u>Physical differences between animals/people:</u></p> <ul style="list-style-type: none"> What do I look like? We are all special Differences between Humans and animal e.g. 	<p><u>Healthy Foods:</u></p> <ul style="list-style-type: none"> What is healthy food? keep safe. Planning a healthy meal for a party <p><u>Road Safety:</u></p>	<p><u>Class Rules and Routines:</u></p> <ul style="list-style-type: none"> Revisiting understanding right from wrong (term 1). What would our classroom/school/home be like without rules <p><u>What is money</u></p> <ul style="list-style-type: none"> Why do we need money? 	<p><u>Lifecycles – animals, babies.</u></p> <ul style="list-style-type: none"> Phases of growth for animals and humans. How I have changed What can I do now

<p>between myself and others</p> <p><u>Understanding right from wrong:</u></p> <ul style="list-style-type: none"> • Classroom rules • School Rules • Rules from home 	<ul style="list-style-type: none"> • Different families within our class. • Looking at different Families in Literature • Families around the world <p><u>Being Kind and unkind:</u></p> <ul style="list-style-type: none"> • Kindness and unkindness within stories • What is kindness • What is unkindness • Acts of kindness 	<p>sleep, homes, food, feelings.</p> <p><u>Likes and Dislikes:</u></p> <ul style="list-style-type: none"> • My Favourite... e.g. toys, games, activities. • Comparing and exploring different likes and dislikes of others. 	<ul style="list-style-type: none"> • How can we keep ourselves safe? • “King of The Road” Road Safety videos for children. <p><u>Medicines:</u></p> <ul style="list-style-type: none"> • Feeling poorly and getting better • Visits to Doctors or hospitals <p><u>Exercise:</u></p> <ul style="list-style-type: none"> • Why do we need to exercise? • Types of Exercise <p><u>Dental Hygiene:</u></p> <ul style="list-style-type: none"> • Healthy Teeth • Brushing our teeth • Going to the dentist. <p><u>Staying Safe Online:</u></p> <ul style="list-style-type: none"> • Suitable Websites for age-appropriate play. 	<ul style="list-style-type: none"> • What do we spend money on? <p><u>Exploring Jobs:</u></p> <ul style="list-style-type: none"> • People that help us • What do I want to be when I grow up? • Role play – jobs. 	<p><u>Transition and changes in relation to moving up a class:</u></p> <ul style="list-style-type: none"> • What have I learnt this year? • What have I got better at? • What do I want to learn in my next class. • How do I feel about my next class? • Why do we need to move on?
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