

St Eanswythe's C of E Primary School



Whole School PSHE

Long-Term Plan

	<u>Term One: <i>Being Me</i></u>	<u>Term Two: <i>Relationships and Family</i></u>	<u>Term Three: <i>Celebrating Differences</i></u>	<u>Term Four: <i>Healthy Me</i></u>	<u>Term Five: <i>Citizenship and Economic well-being</i></u>	<u>Term Six: <i>Changing Me</i></u>
Reception	<ul style="list-style-type: none"> - All about me. - Understanding right from wrong 	<ul style="list-style-type: none"> - My family - Different Families - Being Kind and unkind 	<ul style="list-style-type: none"> - Physical differences between animals/people - Likes and dislikes 	<ul style="list-style-type: none"> - Healthy Foods - Road Safety - Medicines - Exercise - Dental hygiene - Staying Safe online 	<ul style="list-style-type: none"> - Class Rules and Routines - Why do we need money? - Exploring Jobs 	<ul style="list-style-type: none"> - Lifecycles – animals, babies. - Transition and changes in relation to moving up a class.
Year One	<ul style="list-style-type: none"> - All about me. - Understanding right from wrong - Let's Talk: NSPCC PANTS rule 	<ul style="list-style-type: none"> - My family - Different Families - Friendships 	<ul style="list-style-type: none"> - Physical differences - Likes and dislikes - The same and different. 	<ul style="list-style-type: none"> - Healthy Choices - Road Safety - Unhealthy choices - Dental hygiene 	<ul style="list-style-type: none"> - Different jobs and careers. - Rules in families - Caring for others- 	<ul style="list-style-type: none"> - Lifecycles Humans and animals - Transition and changes in relation to

				<ul style="list-style-type: none"> - Staying Safe online. SMART Approach 	<ul style="list-style-type: none"> animals, people 	<ul style="list-style-type: none"> moving up a class.
Year Two	<ul style="list-style-type: none"> - All about me. - Understanding right from wrong <p>Let's Talk: NSPCC PANTS rule</p>	<ul style="list-style-type: none"> - My family - Different Families - Friendships 	<ul style="list-style-type: none"> - Physical Differences - Celebrating our own identity. 	<ul style="list-style-type: none"> - Staying Safe - Road Safety - Positive Mental Health - Healthy Choices - Unhealthy choices - Staying Safe online: SMART Approach 	<ul style="list-style-type: none"> - Why do we need money? - Rules in families - Rules Beyond School - Job Roles in Local community 	<ul style="list-style-type: none"> - Difference between male and female parts - Animals, male and female. - Transition and changes in relation to moving up a class.
Year Three	<ul style="list-style-type: none"> - All about me. - Understanding right from wrong 	<ul style="list-style-type: none"> - My family - Different Families - Friendships 	<ul style="list-style-type: none"> - Physical Differences - Celebrating our own identity - Introducing stereotypes 	<ul style="list-style-type: none"> - Positive Mental Health e.g. Mindfulness - Road Safety - Exercise - Risks and Safety in local community - Staying Safe online: SMART Approach 	<ul style="list-style-type: none"> - Why do we have rules? - Introducing Government, how are rules made? - Recycling Responsibility - Charity - Different communities 	<ul style="list-style-type: none"> - Difference between male and female parts - Appropriate touch - Transition and changes in relation to moving up a class.
Year Four	<ul style="list-style-type: none"> - All about me. - Understanding right from wrong 	<ul style="list-style-type: none"> - My family - Different Families - Friendships 	<ul style="list-style-type: none"> - Physical differences - Understanding Stereotypes 	<ul style="list-style-type: none"> - Positive Mental Health e.g. mindfulness 	<ul style="list-style-type: none"> - Looking after money - Exploring the houses of parliament, 	<ul style="list-style-type: none"> - Lifecycles: Plants, animals and humans

			<ul style="list-style-type: none"> - Exploring Gender/gender roles 	<ul style="list-style-type: none"> - The Law and Safety/risks in wider world - Road Safety - Emergencies and people that deal with these e.g. Police. - Staying Safe online: SMART Approach 	<ul style="list-style-type: none"> - past and present. - Jobs and Education. - Animal Rights 	<ul style="list-style-type: none"> - differences and similarities, males and females. - Transition and changes in relation to moving up a class.
Year Five	<ul style="list-style-type: none"> - All about me. - Understanding right from wrong 	<ul style="list-style-type: none"> - My family - Different Families - Friendships - Different types of relationships 	<ul style="list-style-type: none"> - Body Image - Exploring Gender/gender roles - Prejudices and descrimation 	<ul style="list-style-type: none"> - Mental Health and me - Road Safety - Choices and Peer Pressure - Staying Safe online: SMART Approach 	<ul style="list-style-type: none"> - Our world online. - Taking care of money. - Government past & present - Contributing to the environment - Human and Animal Rights 	<ul style="list-style-type: none"> - Changes in me: Puberty & emotions - Transition and changes in relation to moving up a class.
Year Six	<ul style="list-style-type: none"> - All about me. - Understanding right from wrong 	<ul style="list-style-type: none"> - My family - Different Families - Friendships - Healthy and Unhealthy relationships 	<ul style="list-style-type: none"> - Body Image - Prejudices and descrimation - Gender Identity - LGBTQ+ 	<ul style="list-style-type: none"> - Mental Health and me - Legal and Illegal choices - Staying Safe online: SMART Approach - Road Safety. 	<ul style="list-style-type: none"> - Our World Online - Money and Debt. - Education and Career routes - Government and the election process. 	<ul style="list-style-type: none"> - Changes in me: Puberty & reproduction - Transition and moving on to the wider world.