



# WEEK 1

## LUNCH MENU

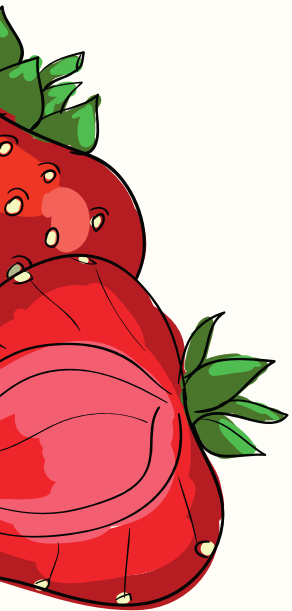


### MONDAY

<b>Meat Option:</b>	Wholemeal Chicken Pasta
<b>Vegetarian Option:</b>	Wholemeal Tomato Pasta
<b>Side:</b>	Garlic bread & seasonal veg
<b>Dessert:</b>	Lemon Drizzle Sponge

### TUESDAY

<b>Meat Option:</b>	Beef Burger
<b>Vegetarian Option:</b>	Quorn Burger
<b>Side:</b>	Potato Wedges, Salad & Baked Beans
<b>Dessert:</b>	Fruit Salad & Yoghurt



### WEDNESDAY

<b>Meat Option:</b>	Turkey roast dinner
<b>Vegetarian Option:</b>	Quorn roast
<b>Side:</b>	Roast potatoes, seasonal veg & gravy
<b>Dessert:</b>	Cheese & Crackers

### THURSDAY

<b>Meat Option:</b>	Pizza - ham or cheese
<b>Vegetarian Option:</b>	Vegan Pizza
<b>Side:</b>	Potato salad, peas & sweetcorn
<b>Dessert:</b>	Raspberry Flapjack



### FRIDAY

<b>Meat Option:</b>	Fish fingers
<b>Vegetarian Option:</b>	Falafel Wrap
<b>Side:</b>	Chips, baked beans & peas
<b>Dessert:</b>	Vanilla Shortbread



**Fruit & yoghurt available daily**  
**FREE FROM OPTIONS ARE AVAILABLE**