



WEEKLY LUNCH MENU



WEEK 3

MONDAY

Cheese and tomato pasta
Cheese and red pepper frittata
Seasonal veg
Oat cookie

TUESDAY

Beef tortilla stack
Veggie stack
Wholemeal rice
Seasonal veg
Pineapple upside-down cake & custard

WEDNESDAY

Roast chicken
Quorn fillet
Roast potatoes
Seasonal veg & gravy
Cheese and crackers

THURSDAY

Hotdog
Veggie dog
Potato wedges
Seasonal veg
Chocolate mandarin brownie

FRIDAY

Fish fingers
Cheese & pepper whirl
Chips
Baked beans, peas
Chocolate orange shortbread

